

Scottish Athletics Limited

Road Running and Cross Country Commission

Minutes of meeting held on Monday 10th November 2025 at 1730 hrs. via Zoom.

Present:

Mike Johnston (Chair), Dave Cairns, Ted Finch, Sandra Hardacre,
Alex Jackson, Alasdhair Love, Angela Mudge, Sharon Taylor, John McKay

(1) Chairman's Welcome, Apologies and Opening Remarks

Apologies – Colin Hutchison, Jeremy Rogers, Michael Wright (resigned from Committee as Athlete Rep).

(2) Papers Circulated:

- (1) Minutes of previous meeting of 11th August 2025 *
- (2) Draft minutes of East and North District Committees (previously circulated)
- (3) Endurance Officials Report
- (4) Updated Age Group Status Paper *

Minutes of last meeting:

The minutes were agreed as accurate by the meeting.

(3) Actions agreed and continued:

- **RRCC21/09 – Development of Scottish Athletics Races –** Ongoing – MJ/AL
- **RRCC23/02 – Age Group Change Update -**
Commission members gave comments on this paper and these were duly reflected in the final document. This document will go onto SA website on 12th November.
Recognition in the way of a pin badge will be given to athletes finishing beyond top 3 in National, District and Inter District Cross Country Races.
U14 – medals for 1st – 3rd and pin badges for 4th – 12th.
U16 – medals for 1st – 3rd and pin badges for 4th – 9th.
U18 – medals for 1s – 3rd and pin badges for 4th – 6th.
A competition will be organised for youngsters to design and pin badge.

(4) Championship Events Applications:

West District Half Marathon Championships – sub group meeting on 19th November.
District Secretaries to let AL know dates of District Road Race Championships for 2026.

(5) Completed and to Come:

Completed

11.10.25 –

East District XC Relays – Livingston – good event helped by the good weather. No access to school. Declarations and Results were done at course. This may not have worked so well in adverse weather.

Took a while to finalise results.

25.10.25 –

National XC Relays – Cumbernauld – went well. Incomplete teams worked well. Feedback re. litter, toileting, parking. Complaints from residents on parking. Parking is becoming a real challenge, however we have a few options for 2026 of where we can use for parking which will hopefully alleviate complaints from residents.

Incomplete Teams – Document to Team Managers was good and there would have been fewer problems if they had all read it!

Now have a template with a new title of “Mass Start Individuals”.

For mass starts allocation of officials for this duty to be implemented rather than tying up the referee with this duty.

8.11.25 –

Short Course XC Championships – Lanark – good event. Look at widening the start as lots of spiking at start.

To Come

6.12.25 –

District XC Championships –

East – all organised – Senior Men Race delayed by 10 mins.

North – no issues to report

West - a few issues to be finalised *and course to be remeasured*

10.1.26 –

Inter District XC Championships – Glasgow – course visit taking place on 14th November. Same course as last year. To look at possibility of having Inter District gazebos nearer start / finish area.

31.1.26 –

Masters XC Championships – Tollcross Park, Glasgow – course walk taking place 14th November.

21.2.26 – National XC Championships – Callendar Park, Falkirk – parkrun has been cancelled that day. Initial bookings have been submitted for toilets, bins, marquees.

15.3.26 –

YARR Championships – Battery Park, Greenock – Course Measurement Certificates need to be updated.

21.3.26 –

6/4 Stage Road Relays – Livingston – Ongoing building at top end of course but do not foresee any significant changes in distances.

No catering in school.

(6) Inter District and UK Challenge Update:

Inter District - Team medals to be presented at podium.

U20's can enter open race if not in District Teams Will further look at something for U20's as a smooth progression when new age groups come in. Will look at entries this year and see how many athletes would be in the age group.

UK Challenge – Cardiff, Liverpool, Parliament Hill and Inter Counties. Making series smaller and more compact – more attractive to sponsors. Eamonn Martin would like IC to move to earlier in season to fit in with International calendar.

(7) Change to Eligibility Rules:

Update to Additional Rules for Competing in Team Races in Scotland – clause (a) updated to include a grandparent born in Scotland. This clause has been updated along with relevant Rule Nos.

(8) ECCU Relay:

Potential change to ECCU Relays – Eamonn Martin is proposing to change to UK Champs to be held in Mansfield 1st weekend in November. May clash with our short course championships. Top 3 Senior Men & Women's teams would be invited.

This is only a proposal – if confirmed we will then look at from what event the teams would be selected.

(9) Endurance Officials Report:

2nd availability form will be sent out w/c 17th November. Allocations for January – March fixtures will be completed in December.

Long Service Awards for Endurance Officials will most probably be given out at District Championships. Normally they are given out at Officials Conference, but not all officials attend this.

Other Matters:

Propose that Hamish Hickey is seconded onto the Commission as Athletes Rep.

(10) Date of Next Meetings:

The next meeting will be on 2nd February 2026 at 5.30 pm.

The following meeting will be held on 11th May 2026 at 5.30 pm.

Meeting closed at 6.35 pm.

Sandra Hardacre
28th November 2025